# Death And Its Terrible Horrible No Good Very Beautiful Lessons

Death is a taboo subject in our society. We don't like to talk about it, and we certainly don't like to think about it. But death is a part of life, and it's something that we all must face eventually.



Death and its Terrible, Horrible, No Good, Very Beautiful Lessons: Field Notes from The Death Dialogues Project

by Becky Aud-Jennison

Screen Reader

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Death can be a difficult and painful experience, but it can also be a time of growth and learning. In this article, we will explore the many lessons that death can teach us.

## The Terrible Lessons

Death can teach us some terrible lessons. It can teach us about the fragility of life, the impermanence of all things, and the inevitability of our own mortality.

These lessons can be difficult to accept, but they are important to learn.

They can help us to appreciate the preciousness of life, to live each day to the fullest, and to let go of the things that we cannot control.

#### The Horrible Lessons

Death can also teach us some horrible lessons. It can teach us about the pain of loss, the grief of separation, and the sorrow of despair.

These lessons can be overwhelming, but they are also important to learn. They can help us to understand the depths of human suffering, to empathize with others who are grieving, and to find hope in the midst of darkness.

### The No Good Lessons

Death can also teach us some no good lessons. It can teach us to be afraid of life, to avoid pain at all costs, and to cling to the things that we have.

These lessons are not helpful, and they can lead to a life of fear and regret. It is important to learn to let go of these lessons and to embrace the lessons that death can teach us about living.

## The Very Beautiful Lessons

Death can also teach us some very beautiful lessons. It can teach us about the importance of love, the power of forgiveness, and the beauty of life.

These lessons can help us to live our lives with more purpose and meaning. They can help us to appreciate the people we love, to let go of the past, and to find joy in the present moment.

Death is a complex and multifaceted experience. It can teach us many different things, both good and bad. It is up to us to choose which lessons we will learn.

If we choose to learn the terrible, horrible, and no good lessons, we will only make our lives more difficult. But if we choose to learn the very beautiful lessons, we will find that death can be a powerful teacher that can help us to live our lives with more love, joy, and meaning.



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