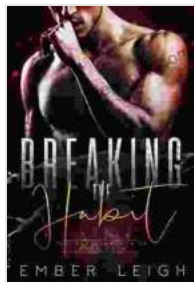


Hollywood MMA Romance: The Breaking: The Ultimate Guide to MMA Romance



Breaking The Habit: a Hollywood MMA romance (The Breaking Series Book 4) by Ember Leigh

★★★★☆ 4.5 out of 5

Language	: English
File size	: 4975 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 324 pages
Lending	: Enabled



MMA romance is a subgenre of romance that features characters who are involved in mixed martial arts (MMA). MMA is a full-contact combat sport that combines elements of boxing, wrestling, judo, and other martial arts. MMA romance novels often feature strong, independent female characters who are attracted to alpha males who are skilled in MMA.

The History of MMA Romance

MMA romance is a relatively new genre, with the first novels being published in the early 2000s. However, the genre has quickly gained popularity, and there are now hundreds of MMA romance novels available.

The early MMA romance novels were often set in the world of professional MMA, and featured characters who were fighters or trainers. However, as

the genre has evolved, MMA romance novels have begun to explore a wider range of settings and characters.

The Most Popular MMA Romance Tropes

There are a number of popular tropes that are often found in MMA romance novels. These tropes include:

- **The alpha male fighter:** The alpha male fighter is a strong, confident, and dominant male character who is skilled in MMA. He is often a protective and possessive lover.
- **The strong, independent female:** The strong, independent female is a female character who is confident, capable, and self-reliant. She is often attracted to the alpha male fighter, but she is not afraid to stand up for herself.
- **The forbidden love:** The forbidden love trope is a romance between two characters who are from different worlds or who are forbidden from being together. In MMA romance novels, this trope is often used to explore the relationship between a fighter and a non-fighter.
- **The second chance romance:** The second chance romance trope is a romance between two characters who have a history together. In MMA romance novels, this trope is often used to explore the relationship between two fighters who have a past rivalry.

MMA Romance Authors

There are a number of popular MMA romance authors who have written successful novels in the genre. These authors include:

- **Kylie Scott**

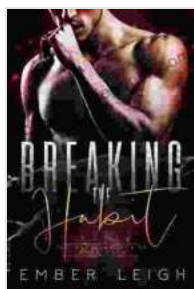
- **Nicole Jacquelyn**
- **Sarah MacLean**
- **Christina Lauren**
- **Elle Kennedy**

The Breaking

The Breaking is a new MMA romance novel by Kylie Scott. The novel tells the story of a young woman named Anya who is drawn to a mysterious fighter named Jake. Jake is a skilled MMA fighter who is known for his dark and dangerous past. Anya and Jake are from different worlds, but they are both drawn to each other's strength and independence.

The Breaking is a well-written and engaging MMA romance novel. The characters are well-developed and the plot is suspenseful and exciting. If you are a fan of MMA romance, then you will definitely want to check out *The Breaking*.

MMA romance is a popular and exciting subgenre of romance. There are a number of popular tropes that are often found in MMA romance novels, and there are a number of talented authors who have written successful novels in the genre. If you are looking for a new romance novel to read, then you should definitely check out MMA romance.



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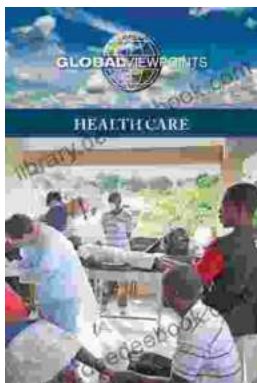
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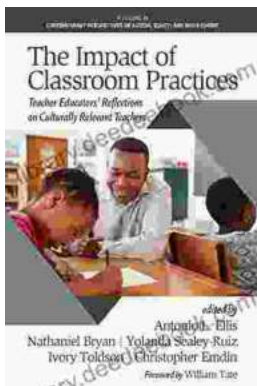
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